

Governors State University

Student Affairs and Enrollment Management: Reaching Vision 2020

Focus Area: **Student Wellbeing**

Leader(s): Kelly McCarthy

Implementation Year: **2015 - 2016 Results and Findings**

Goal 2: Promote a residential community focused on personal health and emotional strength strategies in order to develop sustainable practices that enhance personal wellbeing.

Objective 1:	Create and conduct counseling and/or mental health outreach programs for the GSU community, including Prairie Place residents.
Action Items	<ul style="list-style-type: none"> • Place online form on Counseling Center website requesting outreach programs and inform Prairie Place residents via email about online request form; • Distribute survey to GSU community and Prairie Place residents to identify counseling/mental health outreach needs; • Outreach program presenter(s) will distribute an evaluation form after each session/program
Desired Outcomes and Achievements (Identify results expected)	75% of students that attend counseling outreach programs will identify at least one skill or concept learned that will help improve their academic or emotional experience at GSU; will receive 20 online forms requesting outreach programs and 3% of GSU community and Prairie Place residents will respond to survey.
Achieved Outcomes and Results	<p>Of the students surveyed, 87% of those who attended a counseling outreach program identified in writing at least one skill or concept learned that will help improve their academic or emotional experience at GSU.</p> <p>There were no online forms completed requesting outreach programs.</p> <p>There were no completed surveys. In lieu of the lack of survey responses, a mass email was distributed to the campus community encouraging students, faculty, and staff to request specific topics for outreach events.</p>
Analysis of Results (Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.)	<p>Outcomes were met for part of this objective. Of the number of counseling outreach events completed, those students who completed the evaluation form indicated that they learned at least one skill or concept that will help improve their academic or emotional experience at GSU.</p> <p>Continued progress toward this goal is needed for the GSU community as a whole to increase participation and attendance in counseling outreach programs.</p> <p>Implications for AY17 might include a more concentrated effort to provide all GSU students (resident and non-resident) an opportunity to participate in counseling outreach programs that are more accessible to students when they are available (e.g. recording outreach programs and making them available online).</p>

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Objective 2:	Collaborate with YWCA partner to train all Resident Assistants and Faculty-in Residence in prevention of sexual violence
Action Items	<ul style="list-style-type: none">• Schedule YWCA trainings on the prevention of sexual violence before each semester• Assess using YWCA evaluations
Desired Outcomes and Achievements (Identify results expected)	All Resident Assistants & faculty will be able to identify internal and external (YWCA partner) resources for victims of sexual violence and can advocate for gender equity and healthy sexual behavior
Achieved Outcomes and Results	This training was held on August 14, 2015 for 6 individuals. The YWCA did assess the training using the formal YWCA evaluation.
Analysis of Results (Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.)	Yes, the outcome of training before the start of the fall 2015 semester was met; no need to retrain same individuals before the start of the spring 2016 semester. Did not review YWCA training evaluations; implications for AY17: must review YWCA evaluations and use information for next training of resident assistants and faculty-in-residence.

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Objective 3:	Create and present sexual violence prevention awareness and educational programs in the residence hall.
Action Items	<ul style="list-style-type: none"> • Develop programs/workshops, one each semester specifically on Bystander Intervention • Schedule programs in Prairie Place • Assess effectiveness of programs
Desired Outcomes and Achievements (Identify results expected)	All residence hall participants will be able to identify internal and external (YWCA partner) resources for victims of sexual violence and can advocate for gender equity and healthy sexual behavior
Achieved Outcomes and Results	Two programs, one in the fall 2015 semester, the other in the Spring semester were held in Prairie Place. <i>Respond to Violence: It's On Us</i> was held in Prairie Place on November 12, 2015. 38 individuals attended and the entire panel program was taped and is now on the ASAP website. The second educational program was Consent Is Sexy, held at Prairie Place on April 19, 2016 and nine students attended.
Analysis of Results (Where outcomes met? Exceeded? Progress towards goal. Implications for AY17 Objectives.)	Difficult to quantify if Prairie Place residents can identify internal and external resources for victims of sexual violence and advocate for gender equity and health sexual behavior. Out of the evaluations collected (6), 4 strongly agreed that they could identify resources and advocate, 2 did not. An implication for AY17 is to target Bystander Intervention training/education.